Lesson Title	**Everyday People**	**Medium**	**Music**
Curricular Unit	**Performance/ Exhibition Preparation & Performance**	**Lesson #**	**18**

Lesson Goals

Socio-emotional N/A

Artistic N/A

Academic N/A

Lesson Details (45 minutes total)

Opening Routine
Time:
To help create routine and sooth anxiety, every class should begin with the same activity. Consider creating an opening routine that allows students to move, incorporates rhythm, and invites students to offer something (a dance move, a clapped rhythm, a silly sound) that is repeated back by either just one other person or by the whole group.

Warm Up
Time:
Use the abbreviated class time to allow everyone final rehearsals of both their calming strategy songs and boomwhacker songs. Intersperse brain breaks and fun games throughout with the intention of releasing any performance anxiety.

Lesson Intro
Time:

Brain break
Time:

Main Lesson
Time:

Cool down/Closing
Time:
Similar to the opening routine, your closing should be the same activity each day as an expected way to signal the end of the class and transition to what comes next.

Materials

boomwhackers, sheet music, calming strategy songs, piano

Lesson Rubric	**Developing (1)**	**Adequate (2)**	**Excellence (3)**
Social/Emotional Skill			
N/A			
Artistic Skill			
N/A			
Academic Skill			
N/A			

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