Facing Challenges Lesson Title Medium **Visual Arts** 7

Curricular Unit Trying a new thing and facing challenges Lesson#

Lesson Goals

Socio-emotional Trying a new thing and facing challenges

Artistic Elements of Visual Arts: • color • form/shape • line • space • texture • value

Academic Choose words and phrases for effect.

Lesson Details (45 minutes total)

Opening Routine

To help create routine and sooth anxiety, every class should begin with the same activity. Consider creating an opening routine that allows students to move, incorporates rhythm, Time: and invites students to offer something (a dance move, a clapped rhythm, a silly sound) that

is repeated back by either just one other person or by the whole group.

Warm Up

Create a free draw bingo board (5x5 rows of blocks each with a different drawing suggestion, free space in the center. Students should chose on thing to draw and try their

best.

Lesson Intro

Time: 12 mins

Combine with warm up

Time:

Brain break Choose a brain break in the moment. Brain break used will determine whether the energy of

the room becomes energized, calmed, or focused. Time: 3-5 minutes

Main Lesson

Share with students that the next challenge will be self portraits!

Time: 20 mins

To practice creating correct facial proportions, have students follow along on their own

paper while the teacher demonstrates on a large pad or whiteboard.

Cool down/Closing

Time:

Similar to the opening routine, your closing should be the same activity each day as an expected way to signal the end of the class and transition to what comes next.

Materials

bingo sheets, drawing paper, pencils

Lesson Rubric Social/Emotional Skill	Developing (1)	Adequate (2)	Excellence (3)
Trying a new thing and facing challenges	Student demonstrated willingness to try a new thing	Student was able to try a new thing and demonstrate a willingness to explore a further challenge	Student was able to try a new thing and identify a further challenge they were willing to face
Artistic Skill			
Elements of Visual Arts: • color • form/shape • line • space • texture • value	Students were able to demonstrate a basic understanding and application of the principle	Students were able to demonstrate a good understanding and application of the principle or principles used in the lesson	Students were able to demonstrate an exceptional understanding and application of the principle or principles used in the lesson
Academic Skill			
Choose words and phrases for effect.	Students were able to express ideas with simplistic language	Students were able to adequately express ideas with a mix of general and precise language	Students were able to effectively express ideas with precise language

© 2021 GIRLS FIRST