

Lesson Title	1,2,3,4	Medium	Music
Curricular Unit	Creating a Safe Space	Lesson #	1

Lesson Goals

Socio-emotional	N/A
Artistic	N/A
Academic	N/A

Lesson Details (45 minutes total)

Opening Routine Time:	<i>To help create routine and sooth anxiety, every class should begin with the same activity. Consider creating an opening routine that allows students to move, incorporates rhythm, and invites students to offer something (a dance move, a clapped rhythm, a silly sound) that is repeated back by either just one other person or by the whole group.</i>
Warm Up Time: 5 mins	Have students stand or sit in a circle and pass a clapping rhythm. Start with a 4 beat rhythm call and response and then have the students clap the rhythm individually around the circle.
Lesson Intro Time: 10 mins	Share with students that most if not all of this session will be about exploring drumming. Introduce the drums they will be using and provide both rules for playing as well as basic information about the drums (parts of the drum and different tones that can be created on the drum)
Brain break Time:	<i>Choose a brain break in the moment. Brain break used will determine whether the energy of the room becomes energized, calmed, or focused.</i>
Main Lesson Time: 15 mins	<p>Teach students a simple 8 count rhythm, using this phrase to gain an understand of their skill level as well as their comfort level. Encourage students to maintain the same volume level as the teacher.</p> <p>Introduce students to the preparatory rhythm that will indicate that it is time to start drumming as well as the closing rhythm. Practice listening for the start and stop while playing the simple 8 count rhythm.</p> <p>If time allows, play the preparatory and closing rhythms, but allow the students to improvise (quietly) between.</p>
Cool down/Closing Time:	<i>Similar to the opening routine, your closing should be the same activity each day as an expected way to signal the end of the class and transition to what comes next.</i>

Materials

drums, if desired, a large paper or whiteboard for writing out class rules or drum parts

Lesson Rubric	Developing (1)	Adequate (2)	Excellence (3)
Social/Emotional Skill			
N/A			
Artistic Skill			
N/A			
Academic Skill			
N/A			