

Lesson Title	And Now for Something Completely Different	Medium	Music
Curricular Unit	Trying a new thing and facing challenges	Lesson #	7

Lesson Goals

Socio-emotional	Trying a new thing and facing challenges
Artistic	Principles of Music: • composition • form • genre • harmony • rhythm • texture
Academic	Choose words and phrases for effect.

Lesson Details (45 minutes total)

Opening Routine Time:	<i>To help create routine and sooth anxiety, every class should begin with the same activity. Consider creating an opening routine that allows students to move, incorporates rhythm, and invites students to offer something (a dance move, a clapped rhythm, a silly sound) that is repeated back by either just one other person or by the whole group.</i>
Warm Up Time: 6 mins	Lead call and response of 3-4 four beat rhythms while displaying the notation of the rhythm.
Lesson Intro Time: 10 mins	Give a brief explanation of 4/4 time and various notes and their values that are commonly used. Use the rhythm notations from the warm-up as examples. Provide one or two additional rhythm notations and invite students to try to clap/drum out the rhythm on the card.
Brain break Time:	<i>Choose a brain break in the moment. Brain break used will determine whether the energy of the room becomes energized, calmed, or focused.</i>
Main Lesson Time: 15 mins	Review the learned rhythm, emphasizing the counts or sounds along the way. Work with students to notate this rhythm. Share that the next challenge for the students will be to create their own 8 count rhythm phrase and its notation. To practice composing the rhythm, start by giving each student a sheet of paper and having them divide it into 8 equal parts. Each section of paper represents one of the 8 counts. Then provide them with dice and a note key (ie. roll a 1, write 2 eighth notes in a section, roll a 3, write a quarter note in one section, etc). All 8 sections must be filled. Allow time for students to practice drumming or clapping their rhythm with support from the teacher or volunteers.
Cool down/Closing Time:	<i>Similar to the opening routine, your closing should be the same activity each day as an expected way to signal the end of the class and transition to what comes next.</i>

Materials

drums, paper & pencils, dice

Lesson Rubric	Developing (1)	Adequate (2)	Excellence (3)
Social/Emotional Skill			
Trying a new thing and facing challenges	Student demonstrated willingness to try a new thing	Student was able to try a new thing and demonstrate a willingness to explore a further challenge	Student was able to try a new thing and identify a further challenge they were willing to face

Artistic Skill

Principles of Music: • composition • form • genre • harmony • rhythm • texture	Students were able to demonstrate a basic understanding and application of the principle	Students were able to demonstrate a good understanding and application of the principle or principles used in the lesson	Students were able to demonstrate an exceptional understanding and application of the principle or principles used in the lesson
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Academic Skill

Choose words and phrases for effect.	Students were able to express ideas with simplistic language	Students were able to adequately express ideas with a mix of general and precise language	Students were able to effectively express ideas with precise language
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